114 Freya Stark, who is always interesting and whose descriptions of native life and architecture are fascinating and picturesque. But even this intrepid traveller is inclined to stress the poetical side of her experiences, and to leave out the realities of smell and dirt. For dirty and smelly Arabia is.

364 The villages have no drainage or sanitation; garbage and offal are thrown on a heap outside the houses, or on the sea-shore, there to be removed in time by those voracious scavengers, the vultures and kites. It is a common experience to see the carcases of donkeys and other livestock lying on the shore, swollen and covered with flies, decaying under the hot sun. The stench within half a mile of an Arab village is simply appalling; one would be truthful if unkind to describe the Arab as having no prejudices against filth.

515 In their persons the lower classes are extremely dirty by European standards, although they can scarcely be blamed for not taking baths, since water invariably has to be carried for several miles from the wells on the backs of donkeys and is, consequently, expensive. The Arab workers are very poorly paid, and prefer to spend their small earnings on food for their families, and the rare luxuries in which they indulge. The current belief that the Arabs 'wash' themselves in the sand is an anomaly. According to the [193] Koran they are supposed to carry out a certain number of ablutions during the year, especially during the fast of Ramadan and the anniversary of the Prophet's death. As water is scarce, they obey the Holy Book by making a token ablution with sand. Anyone familiar with the grimy grey sand one finds in the vicinity of a [114] village will realize that, used as a 'cleansing' agent, it probably contributes to the sores and skin infections from which so many of them suffer.

136 Another serious cause of infection are the flies, which breed in that climate on a scale to be observed nowhere else in the world. I have seen a plate of fresh dates carried a few yards from one room to another across an open courtyard. By the time it reached the second room it would be covered with a mass of flies at least two inches deep. Incredible to the insect-free European, this must be [264] seen to be believed. Yet the Arab would not think of cleansing food that had been thus contaminated. He nonchalantly sweeps away the flies with his sleeve and proceeds to masticate the polluted mess with relish.

136 366 Apart from the piles of offal and refuse which are a feature of every village, another inducement to flies are the windowless shops